



Saturday, April 6, 2019

Nurtured Heart Approach®

www.childreussuccessfoundation.com

Workshop

Ripon, Wisconsin

WHAT: Join us for a fun and interactive day of the Nurtured Heart Approach methodology and techniques. Learn how NHA works, including the full range of techniques. Practice and receive support as you add tools to your tool belt to inspire great behaviors in the kids you live and work with.

WHEN: **April 6, 2019** 8:00-4:00 (One hour for lunch)

WHERE: **Ripon School District** - Barlow Park Elementary School, 100 Ringstad Drive
Ripon, WI 54971

RSVP: <https://goo.gl/forms/sAip8SX7oOPxfTsk2>

BOOK: We recommend reading *Transforming the Intense Child*, by NHA creator Howard Glasser.

COST: **We are offering this workshop, which often runs for \$100, for FREE, as a contribution to the greater good.** We are living the benefits of NHA in our home and school lives and are committed helping others elevate their experiences.

All we ask is that you take your reservation as seriously as we will. If you reserve a spot, please attend. And, if you can't make it, please let us know in a timely manner. Last year, this workshop filled with a waiting list. We want to make sure that everyone who is able to attend has the full opportunity. We trust your greatness to consider the other potential participants as you handle your registration.

QUESTIONS: Please email Tammy.HoltanArnol@gmail.com

The Nurtured Heart Approach

The Nurtured Heart Approach is a relationship model for inspiring kids to great behaviors. In conventional parenting and school discipline methods children get so much *more* – more relationship and more connection with adults – when things are going wrong. Through NHA, we learn how to make simple shifts to energize great behaviors, as well as how to stop accidentally encouraging negative ones.

The Three Stands of Nurtured Heart Approach provide an accessible and established foundation for inspiring great behavior.

- **Stand 1:** *Absolutely No! I refuse to energize negative behavior.*
- **Stand 2:** *Absolutely Yes! I will relentlessly energize the positive.*
- **Stand 3:** *Absolutely Clear! I will maintain my rules and use consistent consequences.*

In a fun, easy-to-remember way, this workshop will help you to:

- Gain a deeper understanding of ‘intense’ behaviors.
- Improve behavior in even the most challenging kids & adolescents!
- Utilize powerful strategies on how to see what is great about kids and help them to change the way they see themselves.
- Become more proactive and feel more in control.

This workshop qualifies as a prerequisite for the NHA Certified Training Intensive

Learn about upcoming CTIs (to advance your practice & become an NHA trainer) at childrensuccessfoundation.com)

NHA Trainers

Gail Anderson, Tammy Holtan Arnol, Kay Lera, Paula Wick

We are educators, parents, and certified Nurtured Heart Approach trainers who are donating our time because we believe in NHA. Our hope is that our real-world success stories will make the Nurtured Heart Approach theory and techniques come to life. In addition, we will lead you through engaging experiential activities and processing opportunities to deepen your understanding so you can start to use NHA immediately after the training. We look forward to having fun and doing great work with you!