

# NHA 200 Level - Notching Up the Nurtured Heart Approach® Through Coaching and Collaboration

Friday, February 2, 2018, 4:30-7:00  
and  
Saturday, March 3, 2018, 8:30-12:00

Location: VASD Central Office

Prerequisite: Exploring the Nurtured Heart Approach

VASD participants earn a \$100 professional development stipend for participation



**In this class, educators will focus on their inner resources and the process involved in helping children and youth develop their greatness portfolios. Participants will review the 3 Stands™ of the NHA® and Culturally Responsive Teaching principles with a focus on building relationships, community and academic capacity. In addition to two seminar sessions (totaling 6 hours), in-person classroom visits/coaching sessions will be arranged at your school site.**

**As instructor I will:**

- **Promote reflection and dialogue about NHA with an emphasis on equity, justice and the integration of multiple positive practices utilized in the VASD**
- **Review and implement appreciative coaching**
- **Facilitate activities that can be modified for use with students**
- **Visit/coach participants and provide feedback**
- **Support PDP and Educator Effectiveness goals while adapting to individual and group needs**

Instructor, Paula Wick, PhD, is an Advanced Trainer for the Nurtured Heart Approach who is passionate about building inner wealth and empowering parents and educators to help children find success. She taught elementary school for 33 years (27 in VASD) and is intent on continuing to promote positive practices including NHA. She earned her doctorate from UW-Madison in Educational Leadership. Contact Paula to express interest

Please contact Paula ([wickp1510@gmail.com](mailto:wickp1510@gmail.com)) with questions/to express interest in enrolling in this workshop.

# Notching Up the Nurtured Heart Approach®

## Conversation and Activities to Support Your NHA Practice

VERONA AREA HIGH SCHOOL

Friday, February 23, 2018  
90 minute sectional



Strengthen your understanding of the Nurtured Heart Approach® stories and stands while discussing practices that support NHA living. Circle topics and activities will be tailored by the group with the intention to address practical needs and foster inclusivity and safety. Participants will choose from the following:

- Practice mindfulness strategies and discuss ideas for bringing more mindfulness to your classroom.
- Explore how the 3 Stands™ of the Nurtured Heart Approach impact classroom culture.
- Review Culturally Responsive Teaching concepts and reflect on successes, and set goals for strengthening CRT and NHA practices.
- Participate in energizers and Inner Wealth™ activities that can transfer to use with students.
- Review the Appreciative Coaching™ model to support your work.

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