

Saturday, April 18, 2020



Nurtured Heart Approach®

www.childrensuccessfoundation.com

Workshop

Stevens Point, Wisconsin

WHAT: Join us for a fun and interactive day of the Nurtured Heart Approach methodology and techniques. Learn how NHA works, including the full range of techniques. Practice and receive support as you add tools to your tool belt to inspire great behaviors in the kids you live and work with. Click [here](#) for testimonials from past workshops.

WHEN: **April 18, 2020** 8:00-4:00 (1 hour for lunch with optional lunch panel)

WHERE: **Stevens Point School District - Ben Franklin Junior High School**
2000 Polk Street
Stevens Point, WI 54481

RSVP: <https://forms.gle/cxvGL92PVZufTLhf6>

BOOK: We recommend reading *The Transforming the Intense Child Workbook*, by NHA creator Howard Glasser.

COST: **We are offering this workshop, which often runs for \$100, for FREE, as a contribution to the greater good.** We are living the benefits of NHA in our home and school lives and are committed to making it accessible to everyone.

All we ask is that you take your reservation as seriously as we will. If you reserve a spot, please attend. And, if you can't make it, please let us know in a timely manner. Last year, this workshop filled with a waiting list. We want to make sure that everyone who is able to attend has the full opportunity. We trust your greatness to consider the other potential participants as you handle your registration.

QUESTIONS: Please email Tammy Holtan Arnol: tammy.thaconsulting@gmail.com

The Nurtured Heart Approach

The Nurtured Heart Approach is a relationship model for inspiring kids to great behaviors. In conventional parenting and school discipline methods children get so much *more* – more relationship and more connection with adults – when things are going wrong. Through NHA, we learn how to make simple shifts to energize great behaviors, as well as how to stop accidentally encouraging negative ones.

The Three Stands of Nurtured Heart Approach provide an accessible and established foundation for inspiring great behavior.

- **Stand 1:** Absolutely No! *I refuse to energize negative behavior.*
- **Stand 2:** Absolutely Yes! *I will relentlessly energize the positive.*
- **Stand 3:** Absolutely Clear! *I will maintain my rules and use consistent consequences.*

In a fun, easy-to-remember way, this workshop will help you to:

- Gain a deeper understanding of ‘intense’ behaviors.
- Improve behavior in even the most challenging kids & adolescents!
- Utilize powerful strategies on how to see what is great about kids and help them to change the way they see themselves.
- Become more proactive and feel more in control.

This workshop qualifies as a prerequisite for the NHA Certified Training Intensive

**** July 19-24, 2020 NHA CTI in Madison, Wisconsin ** (Registration opens in mid-January)**

Learn about upcoming CTIs (to advance your practice & become an NHA trainer) at childrensuccessfoundation.com

NHA Trainers

Gail Anderson, Mizzier Campbell, Vicki Feltz, Tammy Holtan Arnol, Kay Lera, Christie Munch, Heather Reader & Paula Wick

We are educators, parents, and certified Nurtured Heart Approach trainers who are donating our time because we believe in NHA. Our hope is that our real-world success stories will make the Nurtured Heart Approach theory and techniques come to life. In addition, we will lead you through engaging experiential activities and processing opportunities to deepen your understanding so you can start to use NHA immediately after the training. We look forward to having fun and doing great work with you!